

## Sports 2023-2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Sport</b>	Basketball (MIST Girls) (1/9/24-2/26/24)  Gymnastics (Starting 3/4/24-6/7/24)	<b>Gymnastic Self-Defense</b>	<b>Basketball (Boys)</b>	<b>Soccer (Boys) Self-Defense</b>	<b>Basketball (Boys)</b>	<b>Basketball (Boys) Soccer (Boys)</b>	<b>Spring Soccer Games (Date TBA)</b>
<b>Grade</b>	MIST Girls (8th-12th)  (G) 1st-8th girls	(G) 1st-8th girls (S-D) KG-2nd 3rd-5th	2nd-5th 6th-12th	(S) 1st-5th & 6th-12th (S-D) KG-2nd 3rd-5th	2nd-5th 6th-12th	930am-11am Extra basketball training  <b>*Indoor Soccer Practice. Starting Date &amp; location TBA*</b>	<b>Hofstra Park</b> grade 4 to 10 12:00 to 2:00 pm <b>Goffle Brook Park</b> Grade kinder to third 5:30 to 7:00 pm
<b>Time</b>	(MG)3:15 pm 4:15 pm (G) 3:15pm-5:30pm	(G) 3:15pm- 5:30pm (S-D)3:15-4:15 pm 4:15-5:15pm	(2nd-5th) 3:15pm-4:30pm (6th-12th) 4:30pm-6:00pm	(S) 3:00-5:00pm (S-D) 3:15-4:15pm 4:15-5:15pm	(2nd-5th) 3:00pm-4:30pm (6th-12th) 4:30pm-6:00pm		<b>Hofstra park</b> (106 Brown Ave, Prospect Park, NJ) <b>Goffle Brook Park</b> ( 788 lafayette Ave, Hawthorne, NJ)
<b>Fee (cost)</b>	\$400	(G)\$450 (S-D) \$300	\$450	(S) \$450 (S-D) 300	\$450	Extra fee if interested	
<b>Jersey</b>	\$45	N/A	\$45	\$45	\$45		
<b>season</b>	2nd session MIST Girls (1/9/24-2/26/24)  Gymnastics (Starting 3/4/24-6/7/24)	2nd session January 9th- June 4th (16 weeks)	2nd session January 10th - May 29th (13 weeks)	(S) 2nd session January 11th - May 20th (13 weeks)	2nd session January 10th - May 29 (13 weeks)		
<b>Coach</b>	Sr. Asmaa S	Sr. Asmaa S. Master Fady	Coach Suhayb	Coach Mirza Master Fady	Coach Suhayb		
<b>Miscellaneous</b>	MIST Competition in Rutgers	Gymnastics Show on Jun 7, 2024 5pm for Women ONLY	(Bballshootout, HoopCity) League fees may apply	League Fees may apply	(Bballshootout, HoopCity) League fees may apply		